

# ELEMENTARY & K-8 SCHOOLS

## AUGUST MENU 2022

<p style="font-size: 2em; color: red; margin: 0;">-- WELCOME --</p> <p style="font-size: 4em; margin: 0;">BACK TO SCHOOL</p>		10	<p><b>BREAKFAST</b>  <b>Jimmy Dean® Pancake &amp; Turkey Sausage Stick</b>          Yogurt w/ Graham          Strawberry Apple Crisps          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Original Cheeseburger          Macaroni &amp; Cheese          Oven Roasted Potato Wedges          Cool Tropics® Berry Blue Slushie          Ocean Spray® Craisins          Assorted Low Fat Milk</p>	11	<p><b>BREAKFAST</b>          Chicken Biscuit  <b>Maple Belgian Waffle</b>          Assorted Canned Fruit          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Four Cheese or Pepperoni Pizza Slice          Mini Queso Bites          Peas &amp; Carrots          Crisp Garden Side Salad w/ Ranch          Applesauce Cup          Assorted Low Fat Milk</p>	12	<p><b>BREAKFAST</b>  <b>The Pancake Griddler</b>          Banana Chocolate Chunk Protein Bar          Strawberry Apple Crisps          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Crispy Chicken/Spicy Chicken Sandwich  <b>Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice*</b>  <b>Fortune Cookie*</b>          Cheesy Garlic &amp; Herb Broccoli          Baby Carrots w/ Ranch          Fresh Orange Smiles          Assorted Low Fat Milk</p>		
15	<p><b>BREAKFAST</b>  <b>Uncrustables Breakfast Pocket</b>          Cocoa Chip Protein Bar          Raisin Box          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Four Cheese or Pepperoni Pizza Slice          Tuscan Rotini w/ Meatballs          Seasoned Green Beans          Cucumber Slices w/ Ranch          Fresh Apple Slices          Assorted Low Fat Milk</p>	16	<p><b>BREAKFAST</b>          Sausage Biscuit          Eggo® Mini Confetti Pancakes          Buddy Fruit® Cinnamon Applesauce          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Popcorn Chicken Bowl*          Cheez its® Crackers*          BBQ Pork Sandwich          Sweet Kernel Corn          Baby Carrots w/ Ranch          100% Fruit Juice          Assorted Low Fat Milk</p>	17	<p><b>BREAKFAST</b>  <b>Jimmy Dean® Pancake Wrapped Turkey Sausage Stick</b>          Yogurt w/ Graham          Strawberry Apple Crisps          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Original Cheeseburger  <b>BBQ Rub Roasted Chicken*</b>  <b>Cornbread Muffin*</b>          BBQ Baked Beans          Crispy Seasoned Tater Tots          Ocean Spray® Craisins          Assorted Low Fat Milk</p>	18	<p><b>BREAKFAST</b>          Chicken Biscuit  <b>Chocolate Chip Belgian Waffle</b>          Assorted Canned Fruit          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Four Cheese or Pepperoni Pizza Slice          Hot Italian Sub          Cool Tropics® Berry Blue Slushie          Crisp Garden Side Salad w/ Ranch          Applesauce Cup          Assorted Low Fat Milk</p>	19	<p><b>BREAKFAST</b>  <b>The Pancake Griddler</b>          Banana Chocolate Chunk Protein Bar          Strawberry Apple Crisps          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Sweet &amp; Sour Chicken w/ Yellow Rice*  <b>Fortune Cookie*</b>  <b>Mini PizzaBoli Bites</b>          Steamed Broccoli          Baby Carrots w/ Ranch          Fresh Orange Smiles          Assorted Low Fat Milk</p>
22	<p><b>BREAKFAST</b>  <b>Uncrustables Breakfast Pocket</b>          Cocoa Chip Protein Bar          Raisin Box          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Four Cheese or Pepperoni Pizza Slice          Meatball &amp; Marinara Sub          Cheesy Spinach Bake          Cucumber Slices w/ Ranch          Fresh Apple Slices          Assorted Low Fat Milk</p>	23	<p><b>BREAKFAST</b>          Sausage Biscuit          Mini Blueberry Pancakes          Buddy Fruit® Cinnamon Applesauce          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Santa Fe Beef Totchos*          Southern Style Chicken Bites*          Seasoned Black Beans          RedGold® Salsa Cup          Baked Tostitos Scoops*          100% Fruit Juice          Assorted Low Fat Milk</p>	24	<p><b>BREAKFAST</b>  <b>Jimmy Dean® Pancake Wrapped Turkey Sausage Stick</b>          Yogurt w/ Graham          Strawberry Apple Crisps          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Original Cheeseburger          3 Bean Chili *  <b>Cornbread Muffin*</b>          Crispy Seasoned Tater Tots          Baby Carrots w/ Ranch          Ocean Spray® Craisins          Assorted low Fat Milk</p>	25	<p><b>BREAKFAST</b>          Chicken Biscuit  <b>Maple Belgian Waffle</b>          Assorted Canned Fruit          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          Four Cheese or Pepperoni Pizza Slice          Chicken &amp; Rotini Alfredo          Garlic &amp; Herb Broccoli          Crisp Garden Side Salad w/ Ranch          Applesauce Cup          Assorted Low Fat Milk</p>	26	<p><b>BREAKFAST</b>  <b>The Pancake Griddler</b>          Banana Chocolate Chunk Protein Bar          Strawberry Apple Crisps          100% Juice          White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>          All American Hotdog  <b>Teriyaki Chicken Potstickers w/ Fried Rice*</b>  <b>Fortune Cookie*</b>          Herbed Cauliflower          Baby Carrots w/ Ranch          Fresh Orange Smiles          Assorted Low Fat Milk</p>

<p>29</p> <p><b>BREAKFAST</b>  <b>Uncrustables® Breakfast Pocket</b>  Cocoa Chip Protein Bar  Sour Blue Raspberry Raisins  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Four Cheese or Pepperoni  Pizza Slice  Lentil Pasta with Meatsauce*  Breadsticks (2)*  Seasoned Green Beans  Cucumber Slices w/ Ranch  Fresh Apple Slices  Assorted Low Fat Milk</p>	<p>30</p> <p><b>BREAKFAST</b>  Sausage Biscuit  Mini Blueberry Pancakes  Buddy Fruit® Cinnamon  Applesauce  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Southern Style chicken  Bites*  Cheez its® Crackers*  Pressed Cuban Sandwich  Baked Sweet Plantains  Baby Carrots w/ Ranch  100% Fruit Juice  Assorted Low Fat Milk</p>	<p>31</p> <p><b>BREAKFAST</b>  <b>Jimmy Dean® Pancake &amp; Turkey Sausage Stick</b>  Yogurt w/ Graham  Strawberry Apple Crisps  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Original Cheeseburger  Macaroni &amp; Cheese  Oven Roasted Potato Wedges  Cool Tropics® Berry Blue  Slushie  Ocean Spray® Craisins  Assorted Low Fat Milk</p>	<p>Sep 1</p> <p><b>BREAKFAST</b>  Chicken Biscuit  <b>Maple Belgian Waffle</b>  Assorted Canned Fruit  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Four Cheese or Pepperoni  Pizza Slice  Mini Queso Bites  Peas &amp; Carrots  Crisp Garden Side Salad w/  Ranch  Applesauce Cup  Assorted Low Fat Milk</p>	<p>Sep 2</p> <p><b>BREAKFAST</b>  <b>The Pancake Griddler</b>  Banana Chocolate Chunk  Protein Bar  Strawberry Apple Crisps  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Crispy Chicken/Spicy  Chicken Sandwich  <b>Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice*</b>  <b>Fortune Cookie*</b>  Cheesy Garlic &amp; Herb  Broccoli  Baby Carrots w/ Ranch  Fresh Orange Smiles  Assorted Low Fat Milk</p>
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**Breakfast: Cereal can be served daily for breakfast along with the other menu choices.**

**A Munchable/Power Pack of Choice must be offered every day** - PBJ w/Crackers Munchable (FH-102), Yogurt Munchable (FH-104), Smoothie Munchable (FH-104a), Cereal w/ Graham Munchable (FH-118), Sliced Loaf Munchable (DH-175), Mini Loaf Munchable (FH-119a), Boiled Egg Munchable (FH-140b), PB Cup Munchable (FH-119a), Hummus Power Pack (PP-05), Cheese Pizza Power Pack (SM-7), NO-Nut Butter Cup Munchable (FH-119c), Tuna Salad Power Pack (PP-33), Chicken Salad Power Pack (PP-75), or Egg Salad Power Pack (PP-52).

Updated 5/19/22